"They Say / I Say"

The Moves That Matter in Academic Writing

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"Her Point Is"

The Art of Summarizing

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If it is true, as we claim in this book, that to argue persuasively you need to be in dialogue with others, then summarizing others’ arguments is central to your arsenal of basic moves. Because writers who make strong claims need to map their claims relative to those of other people, it is important to know how to summarize effectively what those other people say. (We’re using the word “summarizing” here to refer to any information from others that you present in your own words, including that which you paraphrase.)

Many writers shy away from summarizing—perhaps because they don’t want to take the trouble to go back to the text in question and wrestle with what it says, or because they fear that devoting too much time to other people’s ideas will take away from their own. When assigned to write a response to an article, such writers might offer their own views on the article’s topic while hardly mentioning what the article itself argues or says. At the opposite extreme are those who do nothing but summarize. Lacking confidence, perhaps, in their own ideas, these writers so overload their texts with summaries of others’ ideas that their own voice gets lost. And since these summaries are not animated by the writers’ own interests, they often read like mere lists of things that X thinks or Y says—with no clear focus.

As a general rule, a good summary requires balancing what the original author is saying with the writer’s own focus. Generally speaking, a summary must at once be true to what the original author says while at the same time emphasizing those aspects of what the author says that interest you, the writer. Striking this delicate balance can be tricky, since it means facing two ways at once: both outward (toward the author being summarized) and inward (toward yourself). Ultimately, it means being respectful of others while simultaneously structuring how you summarize them in light of your own text’s central claim.

On the One Hand,
Put Yourself in Their Shoes

To write a really good summary, you must be able to suspend your own beliefs for a time and put yourself in the shoes of someone else. This means playing what the writing theorist Peter Elbow calls the “believing game,” in which you try to inhabit the worldview of those whose conversation you are joining—and whom you are perhaps even disagreeing with—and try to see their argument from their perspective. This ability to temporarily suspend one’s own convictions is a hallmark of good actors, who must convincingly “become” characters who in real life they may actually detest. As a writer, when you play the believing game really well, readers should not be able to tell whether you agree or disagree with the ideas you are summarizing.

If, as a writer, you cannot or will not suspend your own beliefs in this way, you are likely to produce summaries that are so
obviously biased that they undermine your credibility with readers. Consider the following summary.

In his article “Don’t Blame the Eater,” David Zinczenko accuses the fast-food companies of an evil conspiracy to make people fat. I disagree because these companies have to make money.

If you review what Zinczenko actually says (pp. 139–41), you should immediately see that this summary amounts to an unfair distortion. While Zinczenko does argue that the practices of the fast-food industry have the effect of making people fat, he never goes so far as to suggest that the fast-food industry conspires to do so with deliberately evil intent.

Another tell-tale sign of this writer’s failure to give Zinczenko a fair hearing is the hasty way he abandons the summary after only one sentence and rushes on to his own response. So eager is this writer to disagree that he not only caricatures what Zinczenko says but also gives the article a hasty, superficial reading. Granted, there are many writing situations in which, because of matters of proportion, a one- or two-sentence summary is precisely what you want. Indeed, as writing professor Karen Lunsford (whose own research focuses on argument theory) points out, it is standard in the natural and social sciences to summarize the work of others quickly, in a pithy sentence or phrase, as in the following example.

Several studies (Crackle, 1992; Pop, 2001; Snap, 1987) suggest that these policies are harmless; moreover, other studies (Dick, 2002; Harry, 2003; Tom, 1987) argue that they even have benefits.

But if your assignment is to respond in writing to a single author like Zinczenko, then you will need to tell your readers enough about his or her argument so they can assess its merits on their own, independent of you.

When a writer fails to play the believing game, he or she often falls prey to what we call “the closest cliché syndrome,” in which the writer summarized is not the view the author in question has actually expressed, but a familiar cliché that the writer mistakes for the author’s view (sometimes because the writer believes it and mistakenly assumes the author must too). So, for example, Martin Luther King Jr.’s passionate defense of civil disobedience in “Letter from Birmingham Jail” gets summarized not as the defense of political protest that it actually is, but as a plea for everyone to “just get along.” Similarly, Zinczenko’s critique of the fast-food industry might get summarized as a call for overweight people to take responsibility for their weight.

Whenever you enter into a conversation with others in your writing, then, it is extremely important that you go back to what those others have said, that you study it very closely, and that you not collapse it to something you already have heard or know. Writers who fail to do this end up essentially convincing with themselves—with imaginary others who are really only the products of their own biases and preconceptions.

The Art of Summarizing

ON THE OTHER HAND, KNOW WHERE YOU ARE GOING

Even as writing an effective summary requires you to temporarily adopt the worldviews of others, it does not mean ignoring your own views altogether. Paradoxically, at the same time that summarizing another text requires you to represent fairly what it says, it also requires that your own response exert a quiet influence. A good summary, in other words, has a focus
or spin that allows the summary to fit with your own overall agenda while still being true to the text you are summarizing.

If you read the essay by David Zinczenko (pp. 139–41), you should be able to see that an essay on the fast-food industry in general will call for a very different summary than will an essay on parenting, corporate regulation, or warning labels. If you want to include all three, fine; but in that case you’ll need to subordinate these three issues to one of Zinczenko’s general claims and then make sure this general claim directly sets up your own argument.

For example, suppose you want to argue that it is parents, not fast-food companies, who are to blame for children’s obesity. To set up this argument, you will probably want to compose a summary that highlights what Zinczenko says about the fast-food industry and parents. Consider this sample.

In his article “Don’t Blame the Eater,” David Zinczenko argues that today’s fast-food chains fill the nutritional void in children’s lives left by their overtaxed working parents. With many parents working long hours and unable to supervise what their children eat, Zinczenko claims, children today regularly turn to low-cost, calorie-laden foods that the fast-food chains are all too eager to supply. When he himself was a young boy, for instance, and his single mother was away at work, he ate at Taco Bell, McDonald’s, and other chains on a regular basis, and ended up overweight. Zinczenko’s hope is that with the new spate of lawsuits against the food industry, other children with working parents will have healthier choices available to them, and that they will not, like him, become obese.

In my view, however, it is the parents, and not the food chains, who are responsible for their children’s obesity. While it is true that many of today’s parents work long hours, there are still several things that parents can do to guarantee that their children eat healthy foods.

This summary succeeds not only because it provides one big claim under which several of Zinczenko’s points neatly fit (“today’s fast-food chains fill the nutritional void in children’s lives left by their overtaxed working parents”), but also because this big claim points toward the second paragraph: the writer’s own thesis about parental responsibility. A less astute, less focused summary would merely include Zinczenko’s indictment of the fast-food industry and ignore what he says about parents.

This advice—to summarize each author in terms of the specific issue your own argument focuses on—may seem painfully obvious. But writers who aren’t attuned to these issues often summarize a given author on one issue even though their text actually focuses on another. To avoid this problem, you need to make sure that your “they say” and “I say” are well matched. In fact, aligning what they say with what you say is a good thing to work on when revising what you’ve written.

Often, writers who summarize without regard to their own interests fall prey to what might be called “list summaries,” summaries that simply inventory the original author’s various points but fail to focus those points around any larger overall claim. If you’ve ever heard a talk in which the points were connected only by words like “and then,” “also,” and “in addition,” you know how such lists can put listeners to sleep—as shown in Figure 3. A typical list summary sounds like this.

The author says many different things about his subject. First he says...

...then he makes the point that...in addition he says...

And then he writes...Also he shows that...And then he says...

It may be boring list summaries like this that give summaries in general a bad name and even prompt some instructors to discourage their students from summarizing at all.
In conclusion, writing a good summary means not just representing an author’s view accurately, but doing so in a way that fits your own composition’s larger agenda. On the one hand, it means playing Peter Elbow’s believing game and doing justice to the source; if the summary ignores or misrepresents the source, its bias and unfairness will show. On the other hand, even as it does justice to the source, a summary has to have a slant or spin that prepares the way for your own claims. Once a summary enters your text, you should think of it as joint property—reflecting both the source you are summarizing and you yourself.

**Summarizing Satirically**

Thus far in this chapter we have argued that, as a general rule, good summaries require a balance between what someone else has said and your own interests as a writer. Now, however, we want to address one exception to this rule: the satiric summary, in which a writer deliberately gives his or her own spin to someone else’s argument in order to reveal a glaring shortcoming in it. Despite our previous comments that well-crafted summaries generally strike a balance between heeding what someone else has said and your own, independent interests, the satiric mode can at times be a very effective form of critique because it lets the summarized argument condemn itself without overt editorializing by you, the writer. If you’ve ever watched *The Daily Show*, you’ll recall that it basically summarizes silly things political leaders have said or done, letting their words or actions undermine themselves.

Consider another example. In late September 2001, President Bush in a speech to Congress urged the nation’s “continued participation and confidence in the American economy” as a means of recovering from the terrorist attacks of 9/11. The journalist Allan Sloan made fun of this proposal simply by summarizing it, observing that the president had equated “patriotism with shopping. Maxing out your credit cards at the mall wasn’t self indulgence, it was a way to get back at Osama bin Laden.” Sloan’s summary leaves no doubt where he stands—he considers Bush’s proposal ridiculous, or at least too simple.

**Use Signal Verbs That Fit the Action**

In introducing summaries, try to avoid bland formulas like “he talks about,” “she says,” or “they believe.” Though language like this is sometimes serviceable enough, it often fails to capture accurately what the person has said. In some cases, “he says” may even drain the passion out of the ideas you’re summarizing.
We suspect that the habit of ignoring the action in what we summarize stems from the mistaken belief we mentioned earlier that writing is about playing it safe and not making waves, a matter of piling up truths and bits of knowledge rather than a dynamic process of doing things to and with other people. People who wouldn’t hesitate to say “X totally misrepresented” something when chatting with friends will in their writing often opt for far tamer and even less accurate phrases like “X said.”

But the authors you summarize at the college level never simply “say” or “discuss” things; they “urge,” “emphasize,” and “insist on” them. David Zinczenko, for example, doesn’t just say that fast-food companies contribute to obesity; he complains or protests that they do; he challenges, chastises, and indicts those companies. The Declaration of Independence doesn’t just talk about the treatment of the colonies by the British; it protests against it. To do justice to the authors you cite, we recommend that when summarizing—or even when introducing a quotation—you use vivid and precise signal verbs as often as possible. Though “he says” or “she believes” will sometimes be the most appropriate language for the occasion, your text will often be more accurate and lively if you tailor your verbs to suit the precise actions you’re describing.

**Templates for Introducing Summaries and Quotations**

- She demonstrates that ____________
- In fact, they celebrate the fact that ____________
- ____________, he admits.

**Verbs for Introducing Summaries and Quotations**

**Verbs for making a claim**

- argue
- assert
- believe
- claim
- emphasize

**Verbs for expressing agreement**

- acknowledge
- admire
- agree
- celebrate the fact that
- corroborate
- do not deny

**Verbs for questioning or disagreeing**

- complain
- complicate
- contend
- contradict
- deny
- deplore the tendency to

**Verbs for making recommendations**

- advocate
- call for
- demand
- encourage
- exhort
- implore
- plead
- recommend
- urge
- warn
Exercises

1. To get a feel for Peter Elbow’s “believing game,” write a summary of some belief that you strongly disagree with. Then write a summary of the position that you actually hold on this topic. Give both summaries to a classmate or two, and see if they can tell which position you endorse. If you’ve succeeded, they won’t be able to tell.

2. Write two different summaries of David Zinczenko’s “Don’t Blame the Eater” (pp. 139–41). Write the first one for an essay arguing that, contrary to what Zinczenko claims, there are inexpensive and convenient alternatives to fast-food restaurants. Write the second for an essay that agrees with Zinczenko in blaming fast-food companies for youthful obesity, but questions his view that bringing lawsuits against those companies is a legitimate response to the problem. Compare your two summaries: though they are of the same article, they should look very different.

A key premise of this book is that to launch an effective argument you need to write the arguments of others into your text. One of the best ways to do this is by not only summarizing what “they say,” as suggested in Chapter 2, but by quoting their exact words. Quoting someone else’s words gives a tremendous amount of credibility to your summary and helps ensure that it is fair and accurate. In a sense, then, quotations function as a kind of evidence, saying to readers: “Look, I’m not just making this up. She makes this claim and here it is in her exact words.”

Yet many writers make a host of mistakes when it comes to quoting, not the least of which is the failure to quote enough in the first place, if at all. Some writers quote too little—perhaps because they don’t want to bother going back to the original text and looking up the author’s exact words, or because they think they can reconstruct the author’s ideas from memory. At the opposite extreme are writers who so overquote that they end up with texts that are short on commentary of their own—maybe because they lack confidence in their ability to comment on the quotations, or because they don’t fully under-
stand them and therefore have trouble explaining what they mean.

But the main problem with quotation arises when writers assume that quotations speak for themselves. Because the meaning of a quotation is obvious to them, many writers assume that this meaning will also be obvious to their readers, when often it is not. Writers who make this mistake think that their job is done when they've chosen a quotation and inserted it into their text. They draft an essay, slap in a few quotations, and whammo, they're done.

Such writers fail to see that quoting means more than simply enclosing what "they say" in quotation marks. In a way, quotations are orphans: words that have been taken from their original contexts and that need to be integrated into their new textual surroundings. This chapter offers two key ways to produce this sort of integration: (1) by choosing quotations wisely, with an eye to how well they support a particular part of your text, and (2) by surrounding every major quotation with a frame explaining whose words they are, what the quotation means, and how the quotation relates to your text. The point we want to emphasize is that quoting what "they say" must always be connected with what you say.

**Quote Relevant Passages**

Before you can select appropriate quotations, you need to have a sense of what you want to do with them—that is, how they will support your text at the particular point where you insert them. Be careful not to select quotations just for the sake of demonstrating that you've read the author's work; you need to make sure they are relevant to your work.

**The Art of Quoting**

However, finding relevant quotations is not always easy. In fact, sometimes quotations that were initially relevant to your overall argument, or to a key point in it, become less so as your text changes during the process of writing and revising. Given the evolving and messy nature of writing, you may sometimes think that you've found the perfect quotation to support your argument, only to discover later on, as your text develops, that your focus has changed and the quotation no longer works. It can be somewhat misleading, then, to speak of finding your thesis and finding relevant quotations as two separate steps, one coming after the other. When you're deeply engaged in the writing and revising process, there is usually a great deal of back-and-forth between your argument and any quotations you select.

**Frame Every Quotation**

Finding relevant quotations is only part of your job; you also need to present them in a way that makes their relevance and meaning clear to your readers. Since quotations do not speak for themselves, you need to build a frame around them in which you do that speaking for them.

Quotations that are inserted into a text without such a frame are sometimes called "dangling" quotations for the way they're left dangling without any explanation. One graduate teaching assistant we work with, Steve Benton, calls these "hit-and-run" quotations, likening them to car accidents in which the driver speeds away and avoids taking responsibility for the dent in your fender or the smashed taillights as in Figure 4.

On the following page is a typical hit-and-run quotation by a writer responding to an essay by the feminist philosopher Susan Bordo (reprinted on pp. 149–61).
Susan Bordo writes about women and dieting. "Fiji is just one example. Until television was introduced in 1995, the islands had no reported cases of eating disorders. In 1998, three years after programs from the United States and Britain began broadcasting there, 62 percent of the girls surveyed reported dieting."

I think Bordo is right. Another point Bordo makes is that . . .

This writer fails to introduce the quotation adequately or explain why he finds it worth quoting. Besides neglecting to say who Bordo is or even that the quoted words are hers, the writer does not explain how her words connect with anything he is saying. He simply drops the quotation in his haste to zoom on to another point.

To adequately frame a quotation, you need to insert it into what we like to call a "quotation sandwich," with the statement introducing it serving as the top slice of bread and the explanation following it serving as the bottom slice. The introductory or lead-in claims should explain who is speaking and

set up what the quotation says; the follow-up statements should explain why you consider the quotation to be important and what you take it to say.

**TEMPLATES FOR INTRODUCING QUOTATIONS**

- X states, "___________."
- As the prominent philosopher X puts it, "___________."
- According to X, "___________."
- X himself writes, "___________."
- In her book, ________, X maintains that "___________."
- Writing in the journal *Commentary*, X complains that "___________."
- In X's view, "___________."
- X agrees when he writes, "___________."
- X disagrees when he writes, "___________."
- X complicates matters further when she writes, "___________."

When adding such introductory phrases, be sure to use language that accurately reflects the spirit of the quoted passage. It is quite serviceable to write "Bordo states" or "asserts" in introducing the quotation about Fiji. But given the fact that Bordo is clearly alarmed by the effect of the extension of the media's reach to Fiji, it is far more accurate to use language that reflects her alarm: "Bordo is alarmed that" or "is disturbed by" or "complains." (See Chapter 2 for a list of verbs for introducing what others say.)
Templates for Explaining Quotations

- Basically, X is saying ____________.
- In other words, X believes ____________.
- In making this comment, X argues that ____________.
- X is insisting that ____________.
- X's point is that ____________.
- The essence of X's argument is that ____________.

We suggest getting in the habit of following every major quotation with explanatory sentences structured by templates like these. Consider, for example, how the passage on Bordo might be revised using some of these moves.

The feminist philosopher Susan Bordo deplores the hold that the Western obsession with dieting has on women. Her basic argument is that increasing numbers of women across the globe are being led to see themselves as fat and in need of a diet. Citing the island of Fiji as a case in point, Bordo notes that "until television was introduced in 1995, the islands had no reported cases of eating disorders. In 1998, three years after programs from the United States and Britain began broadcasting there, 62 percent of the girls surveyed reported dieting" (149–50). Bordo's point is that the West's obsession with dieting is spreading even to remote places across the globe. Ultimately, Bordo complains, the culture of dieting will find you, regardless of where you live.

Bordo's observations ring true to me because a friend of mine from a remote area in China speaks of the cult of dieting among young women there....

The Art of Quoting

This framing of the quotation not only helps to better integrate Bordo's words into the writer's text, but also serves to demonstrate the writer's interpretation of what Bordo is saying. While "the feminist philosopher" and "Bordo notes" provide basic information that readers need to know, the sentences that follow the quotation build a bridge between Bordo's words and those of the writer. Just as important, these sentences explain what Bordo is saying in the writer's own words—and thereby make clear that the quotation is being used purposefully to set up the writer's own argument and has not been stuck in just for padding or merely to have a citation.

Blend the Author's Words with Your Own

The above framing material works well because it accurately represents Bordo's words while at the same time giving those words the writer's own spin. Instead of simply repeating Bordo word for word, the follow-up sentences echo just enough of her text while still moving the discussion in the writer's own direction.

Notice how the passage refers several times to the key concept of dieting, and how it echoes Bordo's references to "television" and to U.S. and British "broadcasting" by referring to "culture," which is further specified as that of "the West."

Despite some repetition, this passage avoids merely restating what Bordo says. Her reference to 62 percent of Fijian girls dieting is no longer an inert statistic (as it was in the flawed passage presented earlier), but a quantitative example of how "the West's obsession with dieting is spreading... across the globe." In effect, the framing creates a kind of hybrid text, a mix of Bordo's words and those of the writer.
But is it possible to overexplain a quotation? And how do you know when you've explained a quotation thoroughly enough? After all, not all quotations require the same amount of explanatory framing, and there are no hard-and-fast rules for knowing how much explanation any quotation needs. As a general rule, the most explanatory framing is needed for quotations that may be hard for readers to process: quotations that are long and complex, that are filled with details or jargon, or that contain hidden complexities.

And yet, though the particular situation usually dictates when and how much to explain a quotation, we will still offer one piece of advice: when in doubt, go for it. It is better to risk being overly explicit about what you take a quotation to mean than to leave the quotation dangling and your readers in doubt. Indeed, we encourage you to provide such explanatory framing even when writing to an audience that you know to be familiar with the author being quoted and able to interpret your quotations on their own. Even in such cases readers need to see how you interpret the quotation, since words—especially those of controversial figures—can be interpreted in various ways and used to support different, sometimes opposing, agendas. Your readers need to see what you make of the material you've quoted, if only to be sure that your reading of the material and theirs is on the same page.

**How Not to Introduce Quotations**

We want to conclude this chapter by surveying some ways not to introduce quotations. Although some writers do so, you should not introduce quotations by saying something like "X asserts an idea that" or "A quote by X says." Introductory phrases like these are both redundant and misleading. In the first example, you could write either "X asserts that" or "X's idea is that," rather than redundantly combining the two. The second example misleads readers, since it is the writer who is doing the quoting, not X (as "a quote by X" implies).

The templates in this book will help you avoid such mistakes. And once you have mastered such templates you probably won't even have to think about them—and will be free to focus on the important, challenging ideas that the templates frame.

**Exercises**

1. Find a text that quotes someone's exact words as evidence of something that "they say." How has the writer integrated the quotation into his or her own text? How has he or she introduced it, and what if anything has the writer said to explain it and tie it to his or her own text? Based on what you've read in this chapter, are there any changes you would suggest?

2. Look at an essay or a report that you have written for one of your classes. Have you quoted any sources? If so, how have you integrated the quotation into your own text? How have you introduced it? Explained what it means? Indicated how it relates to your text? If you haven't done all these things, revise your text to do so, perhaps using the Templates for Introducing Quotations (p. 43) and Explaining Quotations (p. 44). If you've not written anything with quotations, try revising some academic text you've written to do so.
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